NETWORK UPDATES:

GRASS-FED BEFF FOR A POST-PANDEMIC WORLD:

A Q&A WITH CO-AUTHOR LYNNE PLEDGER

Lynne Pledger is a writer and environmental advocate. She and co-author Ridge Shinn have worked since the 1980s on sustainable livestock production, and for the last twenty years on promoting regenerative grazing. Grass-Fed Beef for a Post-Pandemic World is a timely book not just for beef producers, but for anyone wondering about how farmers and ranchers can raise healthy beef cattle while also contributing to an environmentally sound local and regional food system. Enjoy a snippet of our Q&A Session below or head to our blog to read the full piece and learn more.

What motivated you to write Grass-Fed Beef for a Post-Pandemic World?

LP: It's important for farmers, consumers, and policy makers to know the differences between 100% grassfed beef and feedlot beef. Unlike corn-feeding, regenerative grazing restores depleted soil and combats climate change by reducing emissions and sequestering carbon. And the resulting grass-fed beef is a health food.

RIDGE SHINN and LYNNE PLEDGER Foreword by GABE BROWN Grass-Fed Beef for a Post-Pandemic World How Regenerative Grazing Can Restore Soils and Stabilize the Climate **Building** a Resilient, Secure, and Healthy Food System in a Time of Disruption and Shortages

Pictured: Grass-Fed Beef for a Post-Pandemic World (Chelsea Green Publishing, Nov 2022)

With the daily news full of confounding problems-climate change, droughts and floods, food shortages, farmers going out of business, obesity and diet-related diseases—people need to understand how grazing can foster soil systems that offer surprising benefits for health, the environment, and the farmer's bottom line. While no single agricultural practice can solve everything, studies indicate that widespread regenerative grazing can address all the problems that I've just listed. In our book, we explain how these results come about and cite the science that backs up our claims.

THE NEW ENGLAND GRAZING NETWORK IS A COLLABORATION OF **INDEPENDENT STATE GRAZING ORGANIZATIONS** LOCATED ACROSS THE NEW ENGLAND STATES, AND IS MADE POSSIBLE BY SUPPORT FROM THE CEDAR TREE FOUNDATION

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THE NEW ENGLAND GRAZING NETWORK

GATHERING AND GROWING REGENERATIVE
GRAZIERS ACROSS THE REGION

FEATURED EVENT: NEW FARMER MIXER IN NEW HAMPSHIRE

The Granite State Graziers is hosting a New Farmer Mixer with the aim of bringing together new and aspiring farmers and homesteaders with they myriad of people, companies and organizations that are here to support, educate and assist New Hampshire's Agricultural scene.

- October 5th. 5 PM -8 PM
- Canterbury Shaker Village, Canterbury, NH
- Event Flyer attached.
- Register here: https://www.facebook.com/events/463932855742997



UPCOMING EVENTS ACROSS NEW ENGLAND:

Ripsower Why & How Demonstration (VGFA)

Wednesday, Sept 14th, 10:00 AM - 2:00 PM
Larson Family Farm & SVT Farm, Well, VT
Event is Free. Registration is required. <u>Details and RSVP here.</u>

Pasture Walk at Wolfe's Neck Center (MGFN)

Tuesday, Sept 20th, 10:30 AM - 1:30 PM
Wolfe's Neck Center for Agriculture & the Environment, Freeport, ME
Event is Free. Details to come.

Pasture Walk at Edgefield Farm (GSG)

Thursday, Sept 22rd, 5:30 PM - 7:00 PM Edgefield Farm, Surry, NH More info here.

Pasture Walk at Three Creeks Farm (GSG)

Thursday, Sept 29th, 5:00 PM - 6:30 PM Three Creeks Farm, Hampton, NH More info here.

22nd Annual Northeast Organic Dairy Producers Alliance Field Days (UVM)

September 29th and 30th 2022

Veterans of Foreign Wars Post (VFW), Middlebury, VT More details and how to register—https://bit.ly/3PS4x5R.



NEW FARMER MIXER

Join Granite State Graziers for

- Networking
- Information
- Education
- Support
- Refreshments

October 5th, 2022 5pm-8pm Canterbury Shaker Village \$10pp



For more information

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Check out our FB page @GraniteStateGraziers